

# Pilgrim Senior Center Café Menu May 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 <u>May Breakfast</u></b> Orange Juice Scrambled Eggs Baked Virginia Ham Home Fried Potatoes Fresh Fruit Cup	<b>3</b> Chicken Escarole Soup <b>Italian Style Chicken Cutlet</b> Seasoned Pasta Tossed Salad w/Dressing Fresh Fruit Italian Bread <i>(Salami &amp; Provolone on Italian)</i>	<b>4</b> Tomato & Brown Rice Soup <b>Pub Burger w/Au Jus</b> Tater Tots Florentine Blend Vegetables Sliced Pears Wheat Hamburger Roll <i>(Egg Salad on Wheat Hamburger Roll)</i>	<b>5 <u>Cinco de Mayo</u></b> Tortilla Soup <b>Spanish Style Pork</b> Black Beans and Rice Mexican Vegetable Mix Tapioca Pudding Multi Grain Bread <i>(Chicken Salad on Multi Grain)</i>	<b>6 <u>Mothers Day Celebration</u></b> Onion Soup w/ Croutons <b>Stuffed Chicken w/Gravy</b> Red Bliss Mashed Potatoes Capri Blend Vegetables Coffee Cake Wheat Bread <i>(Tuna on Wheat)</i>
<b>9</b> Beef Vegetable Soup <b>Liver &amp; Onions</b> Oven Roasted Potatoes Mixed Vegetables Pudding White Bread <i>(Seafood Salad on White)</i>	<b>10</b> Cottage Cheese w/Pineapple <b>Pulled Pork</b> Baked Beans Cole Slaw Sherbet Oatmeal Bread <i>(Italian Chicken Salad on Oatmeal)</i>	<b>11</b> Chicken Soup w/Egg Barley <b>Roast Turkey w/Gravy</b> Stuffing Baby Whole Carrots Fresh Fruit Marble Bread <i>(Pastrami &amp; Swiss on Marble)</i>	<b>12</b> Red Chowder <b>Seafood Casserole</b> Baked Potato Broccoli Slaw Sugar Cookies Rye Bread <i>(Honey Ham &amp; Cheese on Rye)</i>	<b>13</b> Potato Leek Soup <b>French Meat Pie w/Ketchup</b> Brussel Sprouts Sliced Peaches Wheat Dinner Roll <i>(Shrimp Salad on Grinder Roll)</i>
<b>16</b> Italian Wedding Soup <b>Veal Parmesan</b> Seasoned Ziti Italian Blend Vegetables Spumoni Italian Bread <i>(Chicken Salad on Italian)</i>	<b>17</b> Tomato Vegetable Soup <b>Grilled Chicken</b> Caesar Salad w/Croutons & Parmesan Cheese Lorna Doone Cookies Multi Grain Bread <i>(Bologna/Cheese Multi Grain)</i>	<b>18 Navy Bean Soup</b> <b>Baked Ham w/Glaze</b> Sweet Potatoes Broccoli Butterscotch Pudding Wheat Bread <i>(Meatballs on Grinder Roll)</i>	<b>19 <u>Happy Birthday</u></b> Venus de Milo Soup <b>Shepard's Pie w/Ketchup</b> Peas & Carrots Frosted Cupcake Garlic Bread <i>(Italian grinder)</i>	<b>20</b> Lentil Soup <b>Florentine Fish</b> Mashed Potatoes Green Beans Fresh Fruit Rye Bread <i>(Corned Beef &amp; Swiss on Rye)</i>
<b>23</b> Escarole & Bean Soup <b>Italian Sausage on a Roll</b> Peppers & Onions Pasta w/Sauce Mandarin Oranges <i>(Egg Salad on a Roll)</i>	<b>24</b> Egg Drop Soup <b>Chicken Chow Mein</b> Fried Rice Stir Fried Vegetables Vanilla Pudding Hamburger Bun <i>(Hamburger on a Bun)</i>	<b>25</b> Chicken Soup <b>American Chop Suey</b> Elbow Pasta Summer Squash Pound Cake Oatmeal Bread <i>(Ham Salad on Oatmeal)</i>	<b>26</b> Minestrone Soup <b>Egg Salad</b> Baked Chips Tomato & Cucumber Salad Seasonal Fresh Fruit Dinner Roll <i>(Turkey on Wheat Bread)</i>	<b>27 <u>Memorial Day</u></b> Chicken Gumbo Soup Rotisserie Chicken Leg Quarter Baked Beans Cole Slaw Ice Cream Roll Pumpernickel Bread <i>(Tuna on Pumpernickel Bread)</i>
<b>30</b>  <b><u>CLOSED</u></b> <b>Memorial Day</b>	<b>31</b> Corn Chowder <b>Country Crisp Fish w/Tartar Sauce</b> Mashed Potatoes, Mixed Vegetables, Fruit Cocktail Wheat Hamburger Bun <i>(Meatloaf w/Ketchup on Bun)</i>	<b><i>Thank you for your donations! Checks can be made out to Blackstone Health, Inc.</i></b> <b><i>Your donations help keep the program going!</i></b> <b>\$3.00 Suggested Donation</b> Funded in part by the U.S. Administration on Aging and State funds through the RI Division of Elderly Affairs. <i>"All menu items may contain nuts, seeds, beans and wheat bran + other allergens."</i>		<b>SALAD OPTION AS ENTRÉE</b> Grilled Chicken Croutons-Parmesan Romaine Light Caesar Dressing  Begins Monday May 2